


# COMPREHENSIVE CARE MODEL 2026


Vision: To create a Comprehensive Care Model that focuses on a holistic and person-centered approach to address overall health & wellbeing—being and improves long-term health outcomes for individuals supported by Sunshine.



## STRENGTHENING CONNECTIONS

Create a training program for families and guardians that equips them with the knowledge and skills needed to safely support their loved one at home, whether for visits, short-term stays, or preparation for eventual discharge, strengthening continuity of care and family connection.

Build intentional partnerships with local congregations that welcome individuals with disabilities, creating opportunities for shared worship, fellowship, and service that strengthen belonging, inclusion, and reciprocal relationships between Sunshine and the broader faith community.




## IMPROVE INDIVIDUAL HEALTH & WELLNESS

Develop and implement a comprehensive preventive health strategy that strengthens MAPS coordination, expands respiratory and wellness screenings, leverages technology for early detection, and promotes nutrition, movement, and holistic well-being to reduce preventable illness and improve long-term health outcomes.

Expand access to integrated behavioral and emotional well-being supports by embedding therapeutic practices such as mindfulness, art, music, and horticultural therapy into routines, and by strengthening partnerships with mental health providers — fostering whole-person health for individuals supported.


Promote meaningful engagement of individuals in daily life by fostering a culture where employees at all levels actively encourage, support, and participate in opportunities that enhance social connection, personal choice, and overall well-being.



## ACHIEVE HIGHER LEVELS OF EMPLOYEE COMPETENCY

Expand skill and scenario-based education in the Learning Center to provide employees with hands-on, real-world training that strengthens clinical, behavioral, and daily living support competencies, increasing confidence and improving outcomes for individuals supported.

Provide supervisors and managers in program areas with targeted education on technology and AI-driven tools that streamline administrative tasks, enabling them to spend more time mentoring staff and supporting individuals — leading to stronger staff skills, improved retention, and better program outcomes.




## IMPROVE OUTCOMES FOR VOCATIONAL PROGRAMMING

Develop & implement a plan to provide additional learning & work experiences, including volunteer work, that help to develop skills that lead to integrated community employment in a job that matches the person's interests, strengths and abilities

Expand access to the Barn and Greenhouse by offering evening & weekend hours, creating more opportunities for individuals supported to engage in meaningful work & recreation, while also broadening therapeutic and educational programs that benefit both individuals and the wider community.

Improve person-centered outcomes achieved by ADS recipients, including progressing toward meaningful goals and building skills that lead to greater independence, community membership, relationship development, self-direction, and self-advocacy.



## TECHNOLOGY TO ENHANCE SAFETY, INDEPENDENCE & INCLUSION

Create a demonstration home where individuals, families, staff, and community partners can explore & practice smart-home technologies that enhance safety, independence, and daily living.

Expand the use of simulation-based training in the Learning Center to prepare direct care staff, nurses, and families for both everyday care skills & complex situations, improving confidence, safety, and quality of support across all settings.

Use educational technology & software to expand learning opportunities for children at Sunshine, promoting developmental growth & fostering lifelong technology engagement.

Implement Tube Clear & Thermal Camera technologies to improve safety, reduce hospitalizations & enhance overall health outcomes.

Expand the use of wearable health monitoring technology (Massimo Project) across additional homes by 2026, integrating data into iCare Manager to support predictive health analytics, early identification of risks, and improved long-term health outcomes for individuals supported.

The Comprehensive Care Model reflects Sunshine's commitment to a person-centered approach that strengthens community belonging, promotes health and wellness, builds staff competency, and leverages technology to enhance the overall well-being of individuals.